

Paladin Fitness Racing

Code of Conduct – Participants

We do not tolerate any form of bullying at our events, whether in person or via technology.

Code of Conduct – Coaches, Parents & Spectators

In order to secure and maintain a safe, fun and enjoyable atmosphere for our participants, *Paladin Fitness* has implemented a code of conduct for coaches, parents and spectators. Repeated or serious breaches of this code may result in disciplinary actions including the exclusion of the individual at future events and the disqualification of the participant.

By attending our events, you are agreeing to these behaviour codes and understand the expected behaviour.

- Focus upon the participant's efforts and performance rather than the overall outcome of the event.
- Honest effort is as important as victory so that the result of each event is accepted without undue disappointment.
- Never ridicule or yell at your participants for making a mistake or losing a race. Encourage and motivate each participant
- Remember participation should be centred around enjoyment
- We encourage you to applaud both your friends and other competitors.
- If you disagree with an official, raise the issue through the appropriate channels (in most instances it will be the Race Referee however if you are unsure please see a Paladin Fitness staff member who will direct you to the correct person) rather than questioning the official's judgement and honesty in public. Remember, most officials give their time and effort for your involvement.
- Support all efforts to remove verbal and physical abuse at our event.
- Support your community in maintaining the highest standard of behaviour both on and off the course for the betterment of the sport and your family.
- Avoid use of derogatory language. Respect the rights, dignity and worth of all participants and race officials.

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- Agree to abide by all event rules and encourage your friends and fitness community to do the same
- Do not take part in any form of bullying including via the use of social media
- Be prepared to be responsible for your actions.
- Respect the event area and place rubbish in bins provided