

## 32km course has x7 water/aid stations with x3 visited twice

1<sup>st</sup> at the approx. 5.5km – Springsure Lookout/Dendle Drive Intersection
2<sup>nd</sup> at approx. 8.5km – Fred's Gorge picnic area (+ toilet block)
3<sup>rd</sup> at approx. 12.5km – Fred's Gorge - on return

4<sup>th</sup> at approx. 15.5km – Springsure Lookout/Dendle Drive Intersection – on return
5<sup>th</sup> at approx. 19km – Dendle Drive/Powerline Gate Intersection
6<sup>th</sup> at approx. 22.5km - Dendle Drive/Powerline Gate Intersection – on return
7<sup>th</sup> at approx. 27.5km – WATER ONLY – Old washing machine marker

## 17km course has x3 water/aid stations

1<sup>st</sup> at approx. 5km - Springsure Lookout/Dendle Drive Intersection
2<sup>nd</sup> at approx. 9.5km - Dendle Drive/Powerline Gate Intersection
3<sup>rd</sup> at approx. 13km - Private Property Wire Gate

## 10km course has x1 water/aid station

At approx. 6km – Private Property Wire Gate