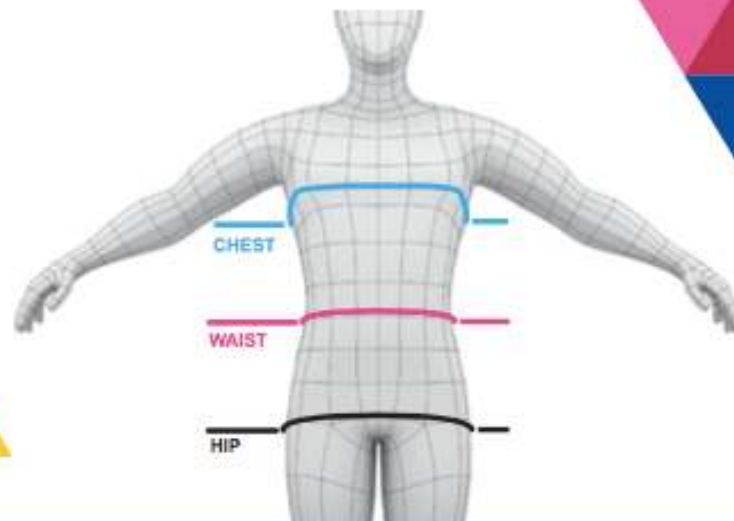




MENS-WOMENS SIZING MEASUREMENTS

FOR
AN
INDIVIDUAL
GARMENT FITTING
GUIDELINE REFER TO
PAGE 2



Measurements

CHEST

Measure with the tape positioned under your arms, the fullest part of your chest, the tape should sit across your shoulder blades. Ensure the tape is horizontal and taut.

WAIST

The tape should be positioned just below your rib cage. Ensure the tape is horizontal and taut.

HIP

With your feet locked together, wrap the tape around the fullest part of hip. Ensure the tape is horizontal and taut.

UNISEX - SIZING MEASUREMENTS

	SIZE	XXS	XS	S	M	L	XL	XXL	3XL
TO FIT	CHEST	80	85	90	95	100	105	110	115
	WAIST	70	75	80	85	90	95	100	105
	HIP	86	91	96	101	106	111	116	121

ALL MEASUREMENTS ARE IN CENTIMETRES